

### Luxurious Desserts served 12pm - 9pm

Naughty Chocolate Cake  
(gf)  
£4.90

Lemon Cheesecake  
(gf)  
£4.90

Classic Apple Crumble  
£4.90

All served with your choice of  
cream, custard or vanilla ice cream

Creamy Vanilla Ice Cream  
£4.00

### Children's Menu served 12pm - 9pm

Ham, Egg and handcut chips  
£4.70

2oz Gourmet Burger  
served with handcut chips and Heinz beans  
£4.70

Pasta in a tasty tomato sauce (v)  
£4.70

Sausage and Mash with Gravy  
£4.70

Sausage and Chips with Gravy  
£4.70

Fish Fingers and Chips  
£4.70

Chicken Nuggets and Chips  
£4.70

Only children receive a FREE vanilla  
ice cream after their meal

### Snacks, Sides & Extras served 12pm - 9pm

10 Hot chicken wings	£5.50
Garlic bread (v)	£2.50
Handcut twice cooked chips (v)	£2.50
Homemade coleslaw (v)	£1.50
Side salad (v)	£1.50
2 slices of bread & butter (v)	£1.00
Hand battered onion rings (v)	£2.00
Ramekin of grated Cheddar (v)	£1.50
2 slices of Monterey Jack cheese (v)	£1.50
Heinz beans (v)	£1.50
Sweet potato fries (v)	£3.00
Potato skins & dips (v)	£2.50
Chip butty (v)	£3.50
Gravy	£1.00
Peppercorn sauce	£1.90
Dianne sauce	£1.90
Chilli chips	£6.00
Cheesy chips (v)	£5.00
Loaded fries	£5.50
<i>Great for sharing...</i>	
Nachos with Cheese Served with salsa, sour cream & jalapenos	£5.80
Nachos with Chilli Served with salsa, sour cream & jalapenos	£8.50

Allergen information is available on request  
v - Suitable for Vegetarians. gf - Gluten Free.  
All weights of meat are approximate uncooked.  
All meals may contain nuts or nut derivatives. Fish may contain bones.



Please leave us a review on our social media.

# The Promenade MENU

Find a table, order and pay at the bar  
and your food will be delivered to you

## 0191 529 2226

[www.thepromenadesunderland.com](http://www.thepromenadesunderland.com)  
Free wi-fi and beer terrace to the rear



## Breakfast Menu served all day

### Build your own Breakfast

Choose from the items below. Build your own and enjoy...perfect!

Griddled bacon, local sausage, free range fried egg,  
butter fried mushrooms, Heinz beans. **90p**

Hash brown, griddled tomato,  
local black pudding, slice of toast & butter. **70p**

**Set Full English £7.00**

1 bacon, 1 sausage, 1 fried egg, 1 hash brown, beans  
mushrooms, grilled tomato, black pudding and 1 toast.

**The Giant Breakfast Platter (Great for sharing) £18.00**

8 bacon, 6 sausages, 4 fried eggs, 4 hash browns, beans  
mushrooms, tinned & grilled tomato, 4 black pudding  
3 fried bread and 6 toast with butter.

**Vegetarian Breakfast (v) £6.20**

2 vegetarian sausages, free range egg, beans,  
tomato, hash brown, mushrooms and a slice of toast.

**Bacon Roll £4.20**

locally sourced bacon in a fresh buttered bun.

**Sausage Roll £4.20**

2 locally sourced sausages in a fresh buttered bun.

**Breakfast Roll £5.40**

bacon, sausage and free range egg  
in a fresh buttered bun.

**Eggs on Toast (v) £4.20**

2 free range eggs served fried,  
scrambled or poached on toast.

**Breakfast Omelette £5.40**

A 3 free range egg omelette including your choice  
of locally sourced ham, classic cheddar or  
mushrooms served with a slice of toast and butter.

## Jackets

served 12pm - 9pm

Our jackets offer a lighter healthier option, all served with a salad  
gamish & homemade coleslaw and a topping of your choice

Heinz beans - with or without Cheddar cheese (v)

Mature Cheddar & red onion (v)

Chilli con carne

Tuna Mayonnaise

Cheddar cheese savoury (v)

**£5.40**

## Pies

served with peas, mash or chips and gravy

Beef & ale, chicken & mushroom,  
Mixed Game or lamb, mint & rosemary

**£8.50**

## Sandwiches

served 12pm - 9pm

All our sandwiches are served on fresh hand cut bread which can  
be toasted on request and are accompanied with a salad gamish,  
homemade coleslaw and crisps. All are available in a (gf) bun.

Mature Cheddar cheese  
and onion (v)

Locally sourced ham  
and mustard

Tuna Mayonnaise

Hot local sausage and  
caramelised onion chutney

Local beef  
and horseradish sauce

Free range egg Mayonnaise

Locally sourced ham  
and classic Cheddar

Cheddar cheese savoury (v)

**£5.20**

Hot roast beef sandwich **£6.90**  
served with chips and gravy

Piping Hot Vegetable Broth **£5.50**

served with white or brown bread with butter

## Gourmet Burgers

served 12pm - 9pm

All our burgers are hand crafted locally into a 6oz patty and served  
in a delicious brioche bun with hand cut twice cooked chips and  
homemade coleslaw. All our burgers are available in a (gf) bun.

**Classic burger £7.70**

One of our hand crafted burger patties  
plain simple and delicious.

**Cheeseburger £8.20**

Our classic burger topped with your choice of  
cheddar or monterey jack cheese.

**Sloppy Hunters chicken burger £8.50**

**Bacon & cheese burger £8.70**

A hand crafted patty topped with crispy bacon and  
your choice of classic cheddar or monterey jack cheese.

**Chicken fillet burger £8.00**

A coated chicken fillet burger served in one of our  
brioche buns with lettuce, tomato and rich mayonnaise.

**Crispy vegetable burger (v) £7.80**

A breaded vegetable burger served in a delicious  
brioche bun with lettuce, tomato and spicy mayonnaise.

**Chilli burger £9.00**

Our classic burger patty topped with  
mouthwatering chilli con carne.

**The Promenade big burger £10.00**

Our classic 6oz burger patty topped with crispy bacon,  
your choice of cheddar or monterey jack cheese  
and then finished with either chilli con carne  
or a free range fried egg, delicious!

Double up any burger for an extra £2.00  
For burgers and mains you can upgrade to  
sweet potato fries for an extra £2.00  
Upgrade to loaded fries for £1.80

## Classic Mains served 12pm - 9pm

**Mussels and chips £6.90**

Mussels in white wine served with chips and bread.

**Hunters chicken £8.70**

Served with hand cut twice cooked chips  
and salad gamish.

**Wholetail Whitby scampi £8.90**

Served with hand cut twice cooked chips,  
peas, tartare sauce

**8oz grilled gammon steak £8.70**

Served with hand cut twice cooked chips, peas,  
grilled tomato and your choice of fried egg or pineapple.

**Chilli con carne £8.70**

Served with rice, tortilla chips and sour cream.

**Fish and chips £9.50**

Hand battered fish served with hand cut  
twice cooked chips and mushy peas.

**Half roast chicken £9.90**

Served with hand cut twice cooked chips, peas  
and your choice of gravy or bbq sauce.

**Cumberland sausage and mash £7.90**

Locally sourced sausages on a bed of creamy  
mashed potato served with peas and gravy.

**Steak and chips £12.50**

8oz sirloin steak served with chips, grilled tomato,  
mushrooms and onion rings.

**Chicken tikka masala £8.90**

Tender pieces of chicken in a masala sauce served  
with rice, poppadoms, naan bread & chutneys.

**Vegetarian lasagne (v) £7.90**

Served with garlic bread and salad gamish.

**Ham, eggs and chips £7.90**

Our locally sourced hand carved ham with two eggs.

**Omelette and chips £7.90**

A filling of your choice - classic cheddar, local ham,  
mushrooms or all of them! or have it simply plain.

**Sharing Platter £18.00**

4 chicken strips, 4 mozzarella sticks, 4 wings, 4 scampi,  
4 onion rings, 4 garlic bread, 4 garlic mushrooms,  
cheesy chips and nachos with cheese,  
served with a selection of dips and jalapenos.

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