

## Luxurious Desserts

served 12pm - 7pm

Naughty Chocolate Cake

(gf)

£4.90

Lemon Cheesecake

(gf)

£4.90

Classic Apple Crumble

£4.90

All served with your choice of cream, custard or vanilla ice cream

Creamy Vanilla Ice Cream

£4.00

**KIMBO**  
ESPRESSO ITALIANO

## Hot Drinks

Traditional Tea £1.80

Green Tea, Earl Grey, Fruit Tea £2.00

Americano £1.90

Espresso £1.90

Latte £2.20

Cappuccino £2.20

Hot Chocolate £2.20

Luxury Hot Chocolate £3.50  
with whipped cream, marshmallows,  
a flake and a shot of syrup

Add a syrup to your coffee or hot chocolate  
for 60p choose from caramel, vanilla or hazelnut

# SUNDAY'S

# at

# The Promenade

Find a table,  
order & pay at the bar  
and your food  
will be delivered to you



Free wi-fi and beer terrace to rear

Allergen information is available on request

- Suitable for Vegetarians. - Gluten Free.  
All weights of meat are approximate uncooked.  
All meals may contain nuts or nut derivatives.

The Promenade, 1-2 Queens Parade, Seaburn, Sunderland SR6 8DA  
Tel 0191 529 2226 - [www.thepromenadesunderland.com](http://www.thepromenadesunderland.com)



## Breakfast Menu

served until 12pm

### Build your own Breakfast

Choose from the items below.

Griddled bacon, local sausage,  
free range fried egg, Heinz beans,  
butter fried mushrooms. 90p

Hash brown, griddled tomato,  
local black pudding,  
slice of toast & butter. 70p

**Set Full English £7.00**

1 bacon, 1 sausage, 1 fried egg,  
1 hash brown, beans, mushrooms,  
grilled tomato, black pudding, 1 toast.

**Giant Breakfast Platter £18.00**

8 bacon, 6 sausage, 4 eggs, beans  
4 hash browns, mushrooms, tinned &  
grilled tomatoes, 4 black pudding,  
3 fried bread & 6 toast with butter.

GREAT FOR SHARING

**Vegetarian Breakfast (v) £6.20**

2 vegetarian sausages, free range egg,  
beans, tomato, hash brown,  
mushrooms and a slice of toast.

**Bacon Roll £4.20**

locally sourced bacon in a fresh  
buttered bun.

**Sausage Roll £4.20**

2 locally sourced sausages in a fresh  
buttered bun.

**Breakfast Roll £5.40**

bacon, sausage and free range egg  
in a fresh buttered bun.

**Eggs on Toast (v) £4.20**

2 free range eggs served fried,  
scrambled or poached on toast.

**Breakfast Omelette £5.40**

A 3 free range egg omelette  
including your choice of locally sourced  
ham, classic cheddar or mushrooms  
served with a slice of toast and butter.

**Fresh Scone (v) £2.90**

served with butter and jam.

## Jackets

served 12pm - 7pm

Our jackets offer a lighter healthier option, all served with  
salad & homemade coleslaw & a topping of your choice

Heinz beans with or without Cheddar  
cheese (v)

Mature Cheddar & red onion (v)

Chilli con carne

Tuna Mayonnaise

Cheese Savoury

**£5.40**

## Sunday Roast

served 12pm - 7pm

Choose from three locally sourced roast  
meats served with roast potatoes, creamy  
mash, fresh seasonal vegetables, Yorkshire  
pudding, rich gravy and all the trimmings.

Large £9.90

Standard £8.50

Standard (without meat) (v) £6.00

Small/childs £6.50

Nut roast (v) £5.50

Ask staff for todays meat choice.

Our gravy is (gf). Ask staff for

(gf) Yorkshire puddings.

## Sandwiches

served 12pm - 7pm

**Hot roast meat sandwich**

Served with roast potatoes or chips  
and a rich gravy.

**£6.90**

Mature Cheddar cheese  
and onion (v)

Locally sourced ham  
and mustard

Tuna Mayonnaise

Hot local sausage and  
caramelised onion chutney

Local beef  
and horseradish sauce

Free Range Egg Mayonnaise (v)

Locally sourced ham  
and classic Cheddar

Cheese Savoury

**£5.20**

**Nachos with Cheese**

Served with salsa, sour cream & jalapenos.

GREAT FOR SHARING

**£5.80**

served with chilli

**£8.50**

Hand cut twice cooked chips (v) £2.50

Chips and gravy £3.50

Chilli chips £6.00

Cheesy chips (v) £5.00

Extra Yorkshire pudding 50p

Sweet potato fries (v) £3.00