

Beef Burger (add cheese 50p) <i>Prime beef grilled topped with lettuce and tomato served with chips, peas or baked beans</i>	£5.75	Lasagne <i>Made with lean minced beef served with chips or boiled potatoes, peas or baked beans</i>	£5.75
Fish Fingers <i>Cod fillet in breadcrumbs served with chips or boiled potatoes, peas or baked beans</i>	£5.75	Sausages <i>Served with chips or boiled potatoes, peas or baked beans (GF or vegetarian sausages available)</i>	£5.75
Chicken Nuggets <i>Chicken breast in a crispy batter with chips or boiled potatoes, peas or baked beans</i>	£5.75	Cod and Chips <i>Battered cod fillet with chips and peas</i>	£6.75

SWEET SHOP

Sticky Toffee Pudding (V) <i>Date & black treacle sponge, West Country butter toffee sauce and vanilla custard</i>	£5.00	Apple & Blackberry Crumble (V) <i>Served with vanilla custard. (GF available)</i>	£5.00
Honeycomb Sundae (V) <i>Honeycomb with vanilla ice cream and salted caramel and honeycomb smash</i>	£5.00	Lemon Meringue Tart(V) <i>Served with cream and a drizzle of strawberry sauce</i>	£5.00
Mint Chocolate Aero Sundae (V) <i>Mint chocolate and chocolate ice cream with crushed mint Aero</i>	£5.00	Cheese And Biscuits <i>Selection of mature Cheddar, Stilton and Brie, caramelized onion chutney and crackers</i>	£6.50
Homemade Cheesecake <i>Served with ice cream or cream</i>	£5.00	Ice Cream <i>1 scoop £1.95 – 2 scoops £2.95 – 3 scoops £3.95</i>	
Chocolate Brownie (V) <i>With salted caramel ice cream. (GF available)</i>	£5.00	<i>Vanilla - Strawberry - Chocolate - Salted Caramel</i>	

PLEASE JOIN US THIS SUNDAY FOR A TRADITIONAL ROAST

LUNCH CLUB

TWO COURSES £9.75 THREE COURSES £12.95

APPLICABLE ON THE BELOW MENU. SERVED MONDAY - FRIDAY (excludes bank holidays)

STARTERS

Prawn cocktail
Soup of the day (V)
Garlic bread (V)
Southern-fried
Chicken fillets

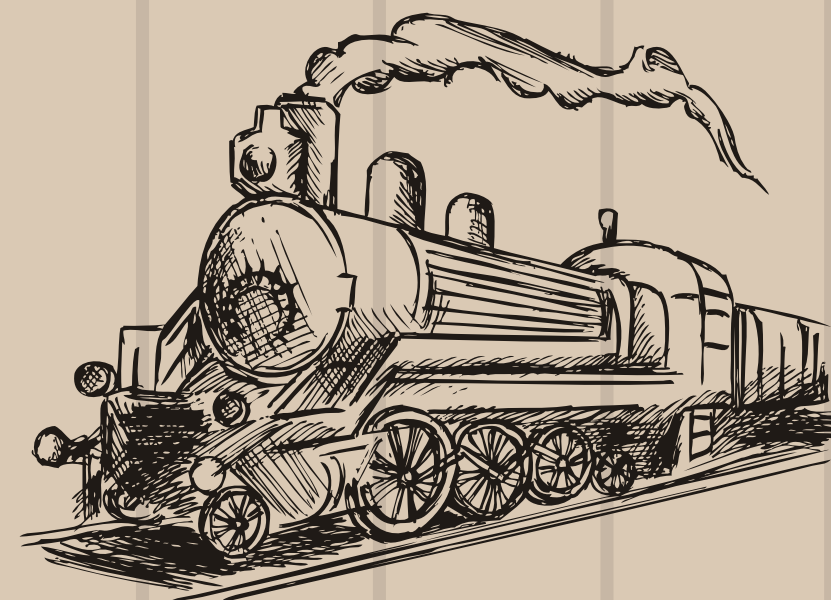
MAIN COURSES

Sausages and mash
(vegetarian option available)
Hickory chicken
Scampi and chips
Beef Lasagne
Vegetable Lasagne
Cheese salad
Classic burger

DESSERTS

Chocolate brownie (V)
Apple and blackberry
crumble (V)
Sticky toffee pudding (V)
Choice of ice cream

WEST NORFOLK



MENU

The West Norfolk has been in the Lake family for the best part of thirty years and in that time we've been proud to serve good home cooked country pub cuisine and a good range of beverage to suit every taste. There have been many changes in our thirty years in the pub but one thing that has remained the same is a passion for good food, drink and customer service and we want everybody who enters our establishment to leave having thoroughly enjoyed the experience with us. We are very grateful to all our customers, new and old and we can't wait to welcome you back in the future.

WEST NORFOLK

Tel: 01485 570348 | W: www.westnorfolkpub.co.uk

Please order and pay at the bar and tell us your table number

STARTERS

Garlic bread (V) <i>Ciabatta smothered in garlic butter</i> Add cheese £1	£2.95
Soup of the Day (V) <i>Ask the team for today's choice, served with a warm bread roll</i>	£4.75
Mozzarella Sticks (V) <i>Breaded mozzarella cheese served with a garlic mayonnaise</i>	£5.75
Prawn Cocktail <i>With seafood sauce, lettuce and farmhouse bread and butter</i>	£6.75
Calamari <i>Dusted in paprika with a lemon wedge and served with tartare sauce</i>	£6.50
Stilton Mushrooms (V) <i>Battered mushrooms stuffed with Stilton cheese</i>	£5.75
Southern-Fried Chicken Fillets <i>With a Bourbon & Cajun dip</i>	£5.75

LIGHT BITES

Your choice of thick sliced brown or white bread. Served with chips. Available until 2.30pm

Chicken & Bacon <i>With lettuce and tomato</i>	£6.75
BLT <i>Bacon, lettuce & tomato</i>	£6.50
Beer-Battered Cod Fish Finger <i>With tartare sauce</i>	£6.95
Prawns <i>With lettuce and seafood sauce</i>	£7.75
Cheddar and Tomato (V)	£5.75
Tuna Mayonnaise	£6.25
Roasted Gammon Ham <i>With a pot of fiery English mustard</i>	£6.25

A LITTLE BIT DIFFERENT

Kebabs

Served on flatbread with salad garnish, yoghurt and mint dressing with a chilli, lime and coriander drizzle, houmous and a side of sweet potato fries

Choose from:

Chicken Tikka	£11.25
Lamb Kofta	£11.25

SIDES

Portion Chips (V)	£2.50	Battered Onion Rings (V)	£2.75	Garlic Bread (V)	£2.95
Sweet Potato Fries (V)	£2.95	House Slaw (V)	£1.95	Garlic Bread with Cheese (V)	£3.95
Skinny Fries (V)	£2.50				

SHARERS

Antipasti <i>A sharing platter of Italian Salami, Prosciutto, Parma ham, Mozzarella, sun-blushed tomatoes & olives with dipping oils and ciabatta</i>	£12.95
Cheesy Nachos (V)(GF) <i>Nachos topped with melted cheese, salsa and guacamole</i> Add beef chilli for £1.50	£6.25
Signature Platter <i>Mozzarella sticks, scampi, southern-fried chicken fillets, duck spring rolls, breaded crispy mushrooms and a selection of dips</i>	£11.95

Upgrade your chips to sweet potato fries for £1

GRILLED PANINI

Served with salad garnish and a handful of tortilla chips - Choose from:

Mozzarella, Tomato and Pesto	£6.95
Chicken, Bacon and Cheddar Cheese	£6.95
Gammon Ham and Cheddar Cheese	£6.95
Tuna and Mozzarella	£6.95

JACKET POTATOES

Served with salad garnish - Choose from:

Cheddar Cheese (V)(GF)	£6.50
Baked Beans (V) (GF)	£6.50
Chilli Con Carne (GF)	£7.50
Tuna Mayo (GF)	£7.50
Prawns with Seafood Sauce	£7.75

Chicken Tikka Platter <i>Masala spiced curry with rice, poppadom, chutney, onion bhajis and naan bread</i>	£11.50
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Vegetable Penang Curry (V) (Ve) (GF) <i>A fiery aromatic coconut sauce with cauliflower, green beans, mangetout and peppers. Served with basmati, pilau rice and poppadom</i>	£11.50
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Pan Fried Sea Bass Fillet <i>Presented on a bed of spicy oriental noodles drizzled with sweet chilli sauce</i>	£12.95
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FAMILIAR FAVOURITES

Mexican Beef Chilli (GF without basket) <i>Beef chilli served with rice in a tortilla basket, salsa and guacamole</i>	£10.25
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Choice of Salads <i>Chargrilled Chicken Breast, Gammon Ham, Mature Cheddar Cheese or North Atlantic Prawns (Prawns £1.50 extra)</i>	£10.50
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Beef Lasagne <i>Served with a choice of garlic ciabatta bread or chips and salad garnish</i>	£10.95
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Vegetable Lasagne (V) <i>Vegetables in a tomato sauce, with spinach pasta, topped with white sauce and mature Cheddar. Served with a choice of garlic ciabatta bread or chips and salad garnish</i>	£10.95
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Giant Yorkie <i>Cumberland pork sausages, potatoes, vegetables & onion gravy - gluten free sausages available</i> Swap for vegetable sausages (V)	£10.95
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Bangers & Mash <i>Butcher's honey roast sausage on mustard mash, vegetables & onion gravy</i> Swap for vegetable sausages (V)	£10.50
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Mushroom Stroganoff (V)(GF) <i>Mushrooms in a creamy paprika sauce, served with rice and salad garnish</i>	£11.95
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Scampi and Chips <i>Wholetail scampi served with chips, garden or mushy peas and tartare sauce</i>	£10.95
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Fish and Chips <i>Beer-battered cod served with chunky chips, a lemon wedge and garden or mushy peas</i>	£10.95
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Ham Egg and Chips (GF) <i>Our own roasted gammon ham and free-range eggs</i>	£8.95
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BURGER BAR

Succulent burgers served in a toasted bun, with lettuce, red onion and tomato served with chunky chips, topped with battered onion rings

Classic <i>6oz beef burger and BBQ sauce</i>	£10.50
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Black & Blue <i>6oz beef burger Chargrilled and Stilton</i>	£11.25
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Piri Piri Flavoured Chicken Breast <i>With mayo</i>	£10.50
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Halloumi Burger (V) <i>With garlic mayo</i>	£9.25
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PIES

Our pies are hand made using shortcrust pastry Served with chips or boiled potatoes, vegetables and gravy

Steak and IPA Ale pie <i>British steak, mushrooms and onions in rich IPA gravy</i>	£10.50
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Chicken Leek and Ham Pie <i>Chicken and ham in a creamy leek sauce</i>	£10.50
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Steak and Kidney Pudding <i>Suet pastry with tender slow cooked beef and ox kidney</i>	£10.50
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FROM THE GRILL

12oz Rump Steak	£16.95
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8oz Sirloin Steak <i>Served with chips, grilled tomato, battered onion rings, garden peas or salad garnish</i>	£16.95
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TOP UP YOUR STEAK
Peppercorn or Stilton Sauce £1.95

Gammon Steak <i>With free range egg or pineapple, served with a choice of potatoes or chips, salad garnish or vegetables.</i>	£11.95
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Hickory Flavoured Chicken Breast (GF) <i>Hickory & Apple Wood Smoked Grilled Chicken Breast served with chips, salad garnish and a side of coleslaw</i>	£10.95
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Hunter's Chicken (GF) <i>With bacon, BBQ sauce, melted cheddar and Mozzarella. Served with chips, salad garnish and a side of coleslaw</i>	£10.95
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Cheese & Bacon BBQ <i>6oz beef burger, bacon, Cheddar, Mozzarella and BBQ sauce</i>	£12.50
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The Big One <i>Two 6oz beef burgers, bacon, fried free-range egg, Cheddar, Mozzarella and BBQ sauce</i>	£13.95
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BUILD YOUR BURGER - £1.50 each
Cheddar, Stilton, free-range egg, or bacon

GOOD NEWS

MOST DISHES ON THE MENU ARE AVAILABLE FOR TAKEAWAY
JUST CALL AND ORDER AND WE WILL HAVE YOUR MEAL READY TO COLLECT ASAP

IF YOU HAVE ANY FOOD OR DRINK ALLERGIES OR INTOLERANCES,
PLEASE SPEAK TO A MEMBER OF OUR STAFF BEFORE PLACING YOUR ORDER